



Reality Health
Gym benefits

What is the Reality Health Gym benefit?

Reality Health members can enjoy a healthy lifestyle thanks to discounted gym fees or rewards on gym fees available at approved Virgin Active and Planet Fitness gyms.

How do I qualify?

Primary CAMAF members who are on the Reality programme qualify for either the Reality Health Single option or the Reality Health Family option. A spouse or dependants (even those 18 years and older) of primary CAMAF members qualify for the Reality Health Family option. See table below:

| CAMAF member | Applicable Reality Health membership option |
|--|--|
| Primary CAMAF member on Reality | Health Single option OR Health Family option |
| Spouse/dependant of a primary CAMAF member | Health Family option |



How much will the Reality Health Gym benefit cost?

You will pay a once-off fee to activate your gym membership benefit. Then you will pay a monthly Reality fee (determined by the Reality Health membership option that you join) plus a monthly gym fee (as determined by the gym of your choice). See table below:

| Reality Health membership option | Monthly Reality fee | Monthly gym fee | Once-off activation fee at Virgin Active and Planet Fitness |
|---------------------------------------|---------------------|-----------------------|--|
| Reality Health Single | R141 | Determined by the gym | R850 Planet Fitness + R100 tag fee* R820 Virgin Active + R130 card fee* |
| Reality Health Family | R160 | Determined by the gym | R850 Planet Fitness + R100 tag fee* R820 Virgin Active + R130 card fee* |
| Spouse/Dependants under Health Family | No additional fee | Determined by the gym | R850 Planet Fitness + R100 tag fee* R820 Virgin Active + R130 card fee* *(per dependant) |

* The tag fee/card fee allows you access to the respective gyms.



How do I earn gym discounts at Planet Fitness?

The discount calculation is based on how many times you visit the gym each month (as determined by information received from the gym) and on your specific gym fee value (ie the amount you pay directly to the gym). Your percentage discount is calculated using a rolling three-month average, based on the number of times you visit the gym, as per the usage categories indicated below. The discount is taken directly off your monthly gym fee.

| Usage | Seldom | Moderate | Frequent | Membership option |
|---------------------------|--------|----------|----------|---|
| Monthly gym visits | 0 - 5 | 6 - 11 | 12+ | |
| Discount % Planet Fitness | 25% | 50% | 80% | Reality Health Single & Reality Health Family |

How do I earn gym rewards at Virgin Active?

The more you exercise, the greater the cash rewards. Your cash reward percentage will be calculated on the number of times you visit the gym per month as per the usage categories indicated below, and that amount of money will be paid monthly directly into your bank account, the month thereafter. The table below indicates the cash reward percentages:

| Usage | Seldom | Moderate | Frequent | Membership option |
|--------------------------|--------|----------|----------|---|
| Monthly gym visits | 0 - 5 | 6 - 11 | 12+ | |
| Discount % Virgin Active | 0% | 40% | 60% | Reality Health Single & Reality Health Family |



How do I apply?

Members can apply for Reality Health membership by going to **health.reality.co.za** or by calling Reality on **0860 732 5489** and speaking to a call centre agent. Once your Reality Health membership is activated and you have your Reality Health membership number, you can join the gym of your choice.

Note

You will sign agreements with both Reality and your gym.

When you join the gym, you'll be required to give the gym your Reality Health membership number, personal details, including your bank details for debit order purposes. A once-off gym activation fee and gym card or tag fee will apply.

The gym will have specific terms and conditions, which will be included in your gym contract. Reality's gym rules may change from time to time - visit **health.reality.co.za** to ensure you have the latest version.

How do I cancel my membership?

If you wish to cancel your membership, you must do so at both the gym and at Reality. The gym determines its own cancellation rules and fees. A calendar month notice period applies to members wishing to change their Reality Health membership option or cancel their Reality Health membership option. Fees are still payable in the notice month. Discounts or cash rewards will still apply if members qualify for payment according to the Reality rules for the gym benefit.

Terms and conditions

- Members qualify for monthly discounts or cash rewards provided that their Reality and gym memberships are active, and that they are not in arrears with their Reality and gym fees.
- The maximum discount amount or cash reward, irrespective of the percentage, will be R450 per gym member per month.
- It's the member's responsibility to ensure that their gym visits are recorded accurately each time they visit their gym. If they visit the gym more than once a day, only one visit will be counted for discount or reward purposes.
- Members are required to visit the gym 36 times in a rolling 12-month period.
- For updated terms and conditions, visit **health.reality.co.za**.

Call **0860 732 5489**
Email **info@reality.co.za**
Fax **(021) 700 8750**
health.reality.co.za